

Queen's Park

Youth Empowerment Programme

PROGRAMME INFORMATION

A PROGRAMME FOR 14 TO 18-YEAR-OLDS
WHO SEE THE NEED FOR A GREATER
FOCUS IN THEIR LIFE.

DELIVERED BY

FAITH IN QUEEN'S PARK

SUPPORTED BY



FUNDED BY



DO YOUR FRIENDS OFTEN LOOK TO
YOU FOR DIRECTION?

ARE YOU THE NEGOTIATOR IN TRICKY
SITUATIONS?

OR PERHAPS YOU DON'T ALWAYS FEEL HEARD
AND WISH PEOPLE TOOK YOUR ADVICE MORE?

Whether you're a natural leader or wish you were one, the Queen's Park Youth Empowerment programme will give you vital skills that will set you up for life.

Our programme launches **this summer** and is designed specifically for young people in Queen's Park and the surrounding area who want to find out how to use their unique qualities to make them true leaders.

About Queen's Park Youth Empowerment Programme

This will be a six-month online programme for people aged 14 to 18 who live in the Queen's Park, Bedford and the surrounding area.

It's funded by the Home Office, through Bid4Better community funding, and aims to help young people build skills and confidence through leadership workshops, mentoring and guest speaker talks.

The programme starts on 27th July and the deadline for applications is 22nd July. Successful applicants will be notified by 25th July.

The programme has a capacity of 16 placements and those who are unsuccessful in the first round will be invited to re-apply for the second round in 2022.

What will the programme do for you?

- Raise career aspirations and connect with Bedford's employment and education programme
- Help you handle responsibilities and life choices with more confidence
- Give you the opportunity to work for Faith in Queen's Park to develop your skills further and support the community
- Cultivate a sense of belonging so you understand the positive impact you can have
- Develop your problem-solving skills and promote a teamwork mentality
- Promote self-assurance and initiative so you can dive into any task.

What's covered?

- CV workshops to help you apply for jobs with confidence
- Three hours with a personal mentor who'll help you achieve your goals
- Multimedia workshops including video editing
- Marketing skills to help you promote your personal and professional brand
- Guest speakers giving motivational talks and sharing inspirational stories of overcoming adversity
- Career workshops for practical advice on university, college and job applications
- A session with the organisation VERU (Violence and Exploitation Reduction Unit Bedford)
- Opportunity to gain a Cricket Leadership certificate

Create a Queen's Park Tourism Pack

Reconnect with your local area and showcase the best of Queen's Park.

Turn your knowledge of Queen's Park into a tourist information pack that celebrates Queen's Park. How well do you know your local area? What hidden gems are there that deserve to have a light shone on them? As a Queen's Park insider you're in the best position to tell the world what makes the place unique.

For the duration of the six-month programme, you'll work with other Young Leaders to learn skills that will help you sell the very best of what Queen's Park has to offer (while boosting your CV). As well as promoting the area's green spaces and history, you'll seek out stories from inspirational Queen's Park people, past and present, and understand how the place has impacted their lives.

We'll match you with a personal mentor who'll help you get the most out of the Queen's Park Leaders programme.

Your mentor will take the time to learn all about you and your dreams, challenges, and passions. They'll work with you to understand your strengths and hopes, and help you set achievable targets for the six-month period.

With your dedication and commitment, your mentor will keep you motivated and focused and, by the end of the programme, you'll not only feel the satisfaction of smashing your goals, you'll learn the value of small steps in helping you dream big.

Timetable

While the programme isn't an intensive training course, it does require a commitment to attend and engage with the full timetable, so you can get the most out of the sessions and opportunities. Sessions will take place on zoom and in person at All Saint's Parish Church, Westbourne Road, Bedford.

Working Sessions

Tuesday 27th July

11am – 2pm

Introduction & Welcome

Lunch Included at All Saint's Parish Church

Tuesday 24th August

2pm – 4pm

Tuesday 21st September

7pm – 8.30pm

Tuesday 19th October

7pm – 8.30pm

Tuesday 23rd November

7pm – 8.30pm

Tuesday 7th Dec

Final Presentation Night

Tuesday 14th December

Goodbye Awards

Successful applicants will attend two online sessions a week, comprising a one-hour talk from a Guest Speaker and a 90-minute Tourist Package and Skills session (inc. 10-minute break). Coaching sessions will be arranged with your personal mentor at mutually convenient times.

Guest Sessions

All session will be online via Zoom

Tuesday 10th August

Tuesday 7th September

Tuesday 5th October

Tuesday 2nd November

Please note: some timings of sessions are subject to change and further dates may be added for additional opportunities.

If you have a questions about the programme or our organisation, email jo@justpurplepresents.co.uk

Apply Now

Applying to the Queen's Park Youth Empowerment Programme is easy and it's entirely up to you how you apply. We want to know:

- Your name
- Age
- Address and contact details
- Why you want to take part in the Queen's Park Youth Empowerment Programme.

You can either drop us an email with the following details or send us a video (it can be a YouTube link or on any platform you prefer). If you have another way you'd like to apply, then that's fine too. Just drop us an email or call for an informal chat.

The deadline for applications is 22nd July and our contact details are:

Email: **jo@justpurplepresents.co.uk**

Our phone number: **07974 331 029**

Information for Parents & Guardians

Faith in Queen's Park have years of experience running programmes for young people, and as such we have all the necessary safeguarding measures and checks in place.

We want to help young people in Queen's Park and Bedford look forward to a future full of opportunity and hope. Our Queen's Park Youth Empowerment programme will help them build the skills and confidence to take control and create the life they want.

If your child is under 18, we will ask for your express written permission to partake in Queen's Park Leaders.