



WHAT'S ON IN QUEEN'S PARK



Saturday

Where	What	When
Biddenham Upper School Contact: (01234) 290393	Queens Park Youth Cricket Club	10.00am ** Starting March 2013
Gurdwara Community Centre	Gatka Classes	Evening

Sunday

Bedford Hockey Club , The Pavilion, Chester Road ~ chairman@bedfordhockeyclub.com	Juniors (all age groups)	9.30am – 11.00am
All Saints Church ~ Parish Room	Karate (Young people)	4.30pm – 5.30pm

Monday

Queens Park Community Centre Contact Sofina on (01234) 356910 or sofinar@btconnect.com to book a place	Health & Wellbeing 12 week programme (ACCM UK)	7th January to 25 March 2013 10.30am – 12 noon
Trinity Arts & Leisure in Bedford 6 th Form College, Bromham Road. Contact Sofina on (01234) 356910 or sofinar@btconnect.com for information	Health & Wellbeing programme Women only Swimming Session	4th March 2013 - 12.30 – 1.30pm
Queens Park Community Centre	Zumba	7.00pm – 9.00pm





WHAT'S ON IN QUEEN'S PARK



Tuesday

Where	What	When
Gurdwara Community Centre	Ladies Yoga	Mornings
Queens Park Community Centre	Tea Pot	10.00am – 12 noon
All Saints Church - Parish Room	Dance4All (Young people)	5.15pm – 7.15pm
Queens Park Community Centre	Dance4All (Young people)	7.30pm – 8.30pm
Bedford Hockey Club , The Pavilion, Chester Road ~ chairman@bedfordhockeyclub.com	Men's 3 rd - Veteran's Eleven	6.30pm – 8.00pm
Bedford Hockey Club , The Pavilion, Chester Road ~ chairman@bedfordhockeyclub.com	Women's 1 st & 2 nd Eleven	7.00pm – 9.00pm
Bedford Hockey Club , The Pavilion, Chester Road ~ chairman@bedfordhockeyclub.com	Men's 1 st & 2 nd Eleven	8.00pm – 10.00pm

If you know of an activity we haven't listed, please email details to qpnc@bedford.gov.uk





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Wednesday

Where	What	When
Gurdwara Community Centre	Ladies Yoga	Mornings
Queens Park Community Centre Contact Sarah on 0787 9911746	Ballroom Dancing - Bedfordshire Senior Citizens Health & Wellbeing Activity	11.00am – 12 noon
Westfield Middle School	Multi-cultural Ladies drop-in	1.00pm – 3.00pm
Bedford Hockey Club The Pavilion, Chester Road	Women's 3 rd – 5 th Eleven	7.00pm – 8.30pm

Thursday

Queens Park Community Centre	Afro-Caribbean Senior Citizen's Club	12 noon – 6.00pm
All Saints Church ~ Parish Room	Alzheimers Society 'Music 4 Memory'	2.00pm – 3.30pm
All Saints Church ~ Parish Room	Dance4All	4.00pm – 6.30pm
Biddenham Upper/ Westfield Middle School Contact: (01234) 290393	All Saints Basketball Club (Young people)	4.30pm – 8.30pm
Queens Park Community Centre	Kixa Keep Fit	7.00pm – 8.00pm

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WHAT'S ON IN QUEEN'S PARK



Friday

Marlborough Road Community Centre	Alzheimers Society 'Music 4 Memory'	10.00am – 11.45am
All Saints Church - Parish Room Contact: (01234) 290393	Fusion Youth Singing (Young people)	4.30pm – 7.15pm

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